



Medical Information Form  
Please fill out this form and bring to your appointment

PATIENT NAME \_\_\_\_\_ DOB \_\_\_\_\_

REFERRING PHYSICIAN \_\_\_\_\_ PHONE \_\_\_\_\_

PRIMARY PHYSICIAN \_\_\_\_\_ PHONE: \_\_\_\_\_

REASON FOR VISIT \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**CURRENT MEDICATIONS (Including Over-The-Counter Meds)**

<u>Name</u>	<u>Strength</u>	<u>How often</u>
_____	_____	_____
_____	_____	_____
_____	_____	_____

**LIST MEDICATIONS TRIED IN THE PAST FOR THIS PROBLEM**

<u>Name</u>	<u>Strength</u>	<u>How often</u>
_____	_____	_____
_____	_____	_____
_____	_____	_____

**OTHER TREATMENTS USED (Specify)**

(PLEASE CIRCLE)      PHYSICAL THERAPY      EXERCISE PROGRAM

JOINT, BURSAL, OR TENDER POINT INJECTIONS (SPECIFY) \_\_\_\_\_

OTHER \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**PAST MEDICAL HISTORY**

Do you or have you ever had:

Diabetes mellitus	Yes	No	Stomach acid or burning medications	Yes	No
Heart condition	Yes	No	Stroke	Yes	No
Lung problem	Yes	No	Color changes of hands with cold weather	Yes	No
High blood pressure	Yes	No	Chest pain	Yes	No
Stomach ulcer	Yes	No	Dry eyes/dry mouth	Yes	No
Mouth or nasal ulcers	Yes	No	Skin tightening/thickening	Yes	No
Rash	Yes	No	Hair loss	Yes	No
Rash or illness after staying out in sun	Yes	No	Eye pain or inflammation	Yes	No
Numbness or weakness	Yes	No	Lost babies	Yes	No
Abdominal pain, cramps	Yes	No	Blood clots anywhere	Yes	No
Rectal bleeding/diarrhea/constipation	Yes	No	Heart valve problems	Yes	No
Migraines, spotty visual loss	Yes	No	Mottled skin	Yes	No
Loss of memory or thinking	Yes	No	Chronic sinus problems	Yes	No
Other:	_____				

**PAST SURGICAL HISTORY**

ORTHOPEDIC SURGERY OR ARTIFICIAL JOINTS (Specify)\_\_\_\_\_

OTHER (Specify)\_\_\_\_\_

**OTHER HOSPITALIZATIONS  
(other than the surgery above)**

<u>Date</u>	<u>Reason</u>
_____	_____
_____	_____
_____	_____

**PAST INJURIES / ACCIDENTS / BROKEN BONES**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**DRUG ALLERGIES OR SENSITIVITIES  
(Specify)**

DRUG	REASON
_____	_____
_____	_____
_____	_____

**BLOOD TRANSFUSIONS**

YES NO DATES \_\_\_\_\_

**HABITS**

(please circle)

CURRENTLY SMOKE? Yes No cigarettes cigars pipe  
Have you smoked any of the above in the past? Yes No  
Year started \_\_\_\_\_ Year stopped \_\_\_\_\_ Packs/day \_\_\_\_\_

CURRENTLY DRINK? Yes No Regular Basis Rarely

USED TO DRINK Yes No Regular Basis Rarely

**FAMILY MEDICAL HISTORY**

For the following please list the age they are (or were) as well as any health problems they have or had (include reason for death)

Father \_\_\_\_\_  
Mother \_\_\_\_\_  
Brother/Sister \_\_\_\_\_  
Brother/Sister \_\_\_\_\_  
Brother/Sister \_\_\_\_\_

**WHO IN YOUR FAMILY HAS ANY OF THE FOLLOWING:**

DIABETES \_\_\_\_\_  
EARLY HEART ATTACKS (BEFORE AGE 60) \_\_\_\_\_  
HIGH BLOOD PRESSURE \_\_\_\_\_  
THYROID DISEASE \_\_\_\_\_  
BREAST CANCER \_\_\_\_\_  
OSTEOPOROSIS \_\_\_\_\_

**LIVING SITUATION**

Married Single Single with other(s) in same house

**ACTIVITIES**

Are you able to do your own routine self-care, household, or yard chores? (specify)

Yes No Explain \_\_\_\_\_

**EXERCISE AND HOBBIES**

Aerobic Yes No Frequency \_\_\_\_\_  
Weight lifting Yes No Frequency \_\_\_\_\_  
Hobbies Yes No Frequency \_\_\_\_\_

**MY LAST PHYSICAL EXAMINATION**

Was done on (date): \_\_\_\_\_

Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

**ADDITIONAL INFORMATION YOU WISH US TO KNOW (specify):** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Dates of Last Vaccine for:**

Influenza \_\_\_\_\_ Pneumonia \_\_\_\_\_ Tetanus \_\_\_\_\_

**\*\*FOR WOMEN ONLY\*\***

My last pelvic exam and Pap smear was done (date) \_\_\_\_/\_\_\_\_/\_\_\_\_

My last breast exam was done \_\_\_\_/\_\_\_\_/\_\_\_\_ My last Mammogram was \_\_\_\_/\_\_\_\_/\_\_\_\_

I have always used milk and dairy products Yes No

How old were you at menopause? \_\_\_\_\_

Have you had:

Hysterectomy Yes No Date \_\_\_\_\_

Ovaries removed Yes No Date \_\_\_\_\_

Early pregnancy loss Yes No Date \_\_\_\_\_

(less than 12 weeks)

Later pregnancy loss Yes No Date \_\_\_\_\_

(more than 12 weeks) Specify: \_\_\_\_\_

Problems with birth control pills or estrogen Yes No Date \_\_\_\_\_

Total number of pregnancies: \_\_\_\_\_

**\*\*FOR MEN ONLY\*\***

My last prostate/testicles/PSA test: \_\_\_\_/\_\_\_\_/\_\_\_\_

Physician Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Signature

Date